

RUN FOR THOSE WHO CANNOT WALK



Sunday, August 29, 2010
2nd Annual Charity Walk/Run
2K, 5K, 10K

9:15 am Registration CUC Gym
9:45 am Warm-up Ball Field
10:00 am Race Starts
11:00 am Refreshments, Presentations,
Awards and Exhibits CUC Gym

LAST YEAR

On August 23, 2009:

- \$5300 was raised at a local Lacombe event for the benefit of children in Kenya who cannot walk.
- There were 63 registrants who came out to participate in the 2km, 5 km, and 10 km event.

THE CAUSE

Proceeds from this year's run will be used to equip all of the A Better World disabled centers with:

- A small rehab gymnasium to provide corrective surgery.
- Play equipment for the children to participate in rehabilitative and strengthening activities.
- Wheelchair accessible water and washroom facilities are also a priority.



A support that allows children to stand and strengthen their muscles as a result.



A physiotherapist was also hired for a year to provide weekly rehab services to children.



A special chair was made for Moses, a young boy who is unable to sit up without assistance. This chair provides support for his back, allowing him to sit upright.

COORDINATED BY:

Candace Saylor &
Michael Lyons of
GETFIT Fitness Camps

SPONSORED BY:

GETFIT Fitness Camps

Advanced Systems

CUC Physical Education Centre

Strand Media Corporation

Runner's Den

Good Water Company

Head Hunters

Canadian University College

Parkview Adventist Academy

Lacombe Physiotherapy

Sobey's

JP's

TO REGISTER:

Or get more information
email Candace at

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www.getfitalberta.ca



Make A Better World for
children who are disabled,
need surgery, wheelchairs
and rehabilitation.

