

Kabul Blind School
Eye Exams
Project Report

13 August 2009



Prepared by: Rosemary Stasek

On Behalf of: A Better World, Canada

Report Summary

A Better World, Canada provided funding of \$3486.35 to fund a program of eye exams for the limited-vision students of the Kabul Blind School. This report documents the accomplishments and expenditures of the project.

The Kabul School for the Blind serves both blind and limited-vision students. The purpose of the program was to identify limited-vision students and provide them with an eye exam, medication and corrective lenses as needed. The program was expanded to include limited-vision teachers since they are also a vital component of the Kabul Blind School community.



Over the course of 10 days, 83 students and 11 teachers received a complete eye exam performed by Dr. Abdul Majeed Hasham, a respected ophthalmologist in Kabul.

In addition to eye exams, 48 patients received necessary medication which ranged from simple canned tuna fish to enhance vitamin capacity to antibiotic ointments, dry eye solutions and various other treatments as identified. 16 patients were provided with new eyeglasses.

For each patient the exam concluded with a recommendation for follow-up treatment if necessary. These can be considered for future action including such treatments as corneal transplants and retinal operations.

The complete project documents include a comprehensive report on each exam, the diagnosis, medication prescribed, corrective lenses provided and recommendations for follow-up treatment. These documents will be stored in the A Little Help office in Kabul so they are available as needed by the patients and local medical personnel.

Project Expenditures

Project expenditures are recorded in US Dollars. Receipts for all expenditures are included in the project documents at the A Little Help office in Kabul and available for complete inspection.

The project expended the funds provided as follows:

- Eye exams - \$1900
- Medication - \$134.80
- Corrective lenses - \$228
- Transport - \$310
- Photocopying - \$15
- Telephone - \$20

For a total expenditure of \$2607.80.

This leaves the project with a balance remaining of \$878.55. A Little Help will hold this money if desired pending direction on future expenditure for patient care. It can also be returned to A Better World, Canada at their discretion.



Acknowledgement

This project was implemented through the tireless efforts of Afghan-Canadian Mrs. Nadjla Jamizada. She committed hours to this effort during her vacation in Kabul from Toronto. Without her volunteer service none of this would have been accomplished and this report is dedicated in gratitude to her.

